



## HELP YOUR CHILD DEVELOP SOCIAL COMMUNICATION SKILLS

Communication is a social act. It involves sending messages in *balanced, back and forth* interactions with others using sounds, gestures, and/or words to express feelings, ask for things, refuse, greet people, make comments, ask questions, etc. These verbal means of communication are typically coordinated with non-verbal communication such as eye contact, facial expressions, gestures, and body language.



The [helpisinyourhands.org](http://helpisinyourhands.org) website is a free online learning tool to support parents in learning evidence based strategies to develop their child's social communication skills. The four online modules cover the following topics:

- Increasing children's attention to people
- Increasing children's communications
- Creating joint activity routines to increase your child's learning & communication
- The ABC's of opportunities for learning

Use the website information below to sign up for a free account to access four narrated video lessons and examples of real parents and children interacting in their own homes, with practice ideas and activities you can try with your child.

