



## **First Steps following an Autism Spectrum Disorder Diagnosis**

<b>Step 1: Get help to access Services and Supports</b>		
One Kids Place Autism Services : Service Facilitator/ Family Support Worker	Ask your pediatrician, family doctor, or self-refer to One Kids Place Autism Services. Service Facilitators are available to assist with registering for the Ontario Autism Program, accessing additional funding and service navigation.	<a href="https://www.onekidsplace.ca/referral-form/">https://www.onekidsplace.ca/referral-form/</a>
<b>Step 2: Register/ Apply for available funding supports – (Service Facilitators can assist with all registrations/ applications listed below)</b>		
AccessOAP	AccessOAP offers support to all eligible families of children/youth with a diagnosed Autism Spectrum Disorder. Children can receive services and supports until the age of 18.	<a href="https://accessoap.ca/">https://accessoap.ca/</a>
Disability Tax Credit (DTC)	A non-refundable tax credit provided by the Federal Government. A medical practitioner must complete this form.	<a href="https://www.canada.ca/en/revenue-agency/services/forms-publications/forms/t2201.html">https://www.canada.ca/en/revenue-agency/services/forms-publications/forms/t2201.html</a> !
Assistance for Children with Severe Disabilities (ACSD)	ACSD provides financial support to low and moderate- income families to help cover some of the costs of caring for a child with a severe disability.	<a href="https://www.ontario.ca/page/assistance-children-severe-disabilities-program">https://www.ontario.ca/page/assistance-children-severe-disabilities-program</a>
Special Services at Home (SSAH)	SSAH provides annual funding for caregiver relief (Respite) as well as related supports and costs of activities for personal growth and development.	<a href="https://www.ontario.ca/page/special-services-home">https://www.ontario.ca/page/special-services-home</a>



Easter Seals Incontinence Supplies Grant	Provides financial support for children over the age of 3 who require toileting supplies	<a href="https://services.easterseals.org/incontinence-supplies-grant/">https://services.easterseals.org/incontinence-supplies-grant/</a>
Easter Seals Access2card	The Access2Card allows for a support person to attend events at a reduced or free rate to support the individual's needs.	<a href="https://access2card.ca/">https://access2card.ca/</a>
Respite Services	Respite services are available locally through Community Living. Caregivers can work with CL to find suitable respite workers as well as apply for funding.	<a href="http://www.respiteservices.com">www.respiteservices.com</a>
<b>Step 3: Access Autism Services</b>		
Foundational Family Services	Access a variety of Foundational Family Services to meet your individual needs. Workshops, consultations and clinics are available free of charge to families registered with the Ontario Autism Program.	Connect with your Service Facilitator to learn about Foundational Family Services available to your family.
Behaviour Services – Skill Building and Behaviour Reduction	Work with a Behaviour Therapist and Behaviour Analyst to target specific goal areas. **Behaviour Services are fee for service and are an eligible expense of your AccessOAP funds	<a href="https://www.onekidsplace.ca/referral-form/">https://www.onekidsplace.ca/referral-form/</a>  OR  Connect with a Service Facilitator to explore individualized options for your child and family.
<b>Step 4: Learn more about Autism Spectrum Disorder</b>		
One Kids Place Autism Services – New to ASD Series	A family centred workshop series that supports families following a diagnosis	Connect with a Service Facilitator to explore



	to increase parent/caregiver knowledge and capacity.	individualized options for your child and family.
Autism Ontario	Provides regional Autism specific support. Access webinars and caregiver learning as well as localized support services.	<a href="https://www.autismontario.com/">https://www.autismontario.com/</a>
Autism Speaks Canada	Provides Autism specific information as well as access to alternate types of community events.	<a href="https://www.autismspeaks.ca/">https://www.autismspeaks.ca/</a>
<b>Note:</b> Consider a referral for Occupational Therapy to support any sensory or motor concerns.		
<b>Note:</b> Consider sharing your report/ diagnosis with school and daycares to ensure support is provided in all environments.		